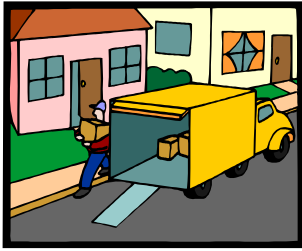


The Bedford Council on Aging presents...



It's Time to Pack Up, Clean Out and Move: Now What?

A free informal program and Q&A for all ages with "Move Experts" on planning; packing; selling of books, furniture, jewelry, and antiques; cleaning out, moving; unpacking and setting up your new home

Monday, May 5 at 10:30 a.m.
Bedford Council on Aging
12 Mudge Way (Town Center Building), Bedford

Panelists will include:

Award-winning Seniors Real Estate Specialist **Mary Lou Bigelow** of Bowes GMAC Real Estate, Arlington, *MODERATOR*
Proprietor **Ken Gloss**, Boston's Brattle Book Shop (PBS's Antiques Roadshow)
Principal Auctioneer **Douglas Stinson** of Carl W. Stinson Auctioneers and Appraisers in Lincoln/Reading
Vice President **Stuart Miller** of New England Gallery, Inc. in Andover
Senior Move Manager **Carol Oniskey** of Hands of Change
Onsite Moving Consultant **Dave Rowe** of Gentle Giant Moving Company
Owner **Larry DeRoche** of Clean out Your House Inc. of Waltham
Bedford COA Elder Services Coordinator **Wendy Aronson**

A lunch (a sandwich, salad and beverage for \$3) will follow in the Minuteman Senior Services Bedford Café with follow up discussion and networking. Kindly call 781-275-8542 to reserve your place for lunch.

For more information on the program, call the Bedford COA at 781-275-6825.